



International  
Federation of  
Surgical Colleges



## ***Train the Trainer***

A **specific** 1 day Course for future trainers

to deliver the

**International Cambridge Anastomosis Workshop (ICAW)**

**Saturday 14 April 2018 starting at 8.30 am**

to be held in

**The Surgical Skills Lab, Kitwe Teaching Hospital**

hosted by

**THE SURGICAL SOCIETY OF ZAMBIA**

***In addition to the one day course participants will be expected to attend the Workshop  
in its entirety on***

***Monday 16, Tuesday 17 and Wednesday 18 April 2018***

### **Course Directors**

**Clive Quick MA, MS, FRCS, FDS** Consultant General & Vascular Surgeon Cambridge UK

**Robert Lane MS, FRCS Eng, FRCS Ed (ad.hon), FACS, FWACS (Hon), FCS (ECSA)**

Programme Director for International Development & Past President ASGBI

Honorary Surgical Advisor to the Tropical Health & Education Trust

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The Cambridge Anastomosis Workshop has been running successfully for over 30 years and has proven to be extremely popular. Five years ago it was decided to make a professional film of the Workshop and this was then formatted onto four DVDs. **Each trainer will receive a free set of DVDs, a manual and a USB flash drive with all the Course lectures included.**

Prior to filming the DVDs each anastomosis had to be demonstrated and filmed with an overhead camera and then projected on to screens around the laboratory. Whilst this was satisfactory the images were never as distinct as the professional version and was also quite time consuming.

A deciding factor in developing the **International Cambridge Anastomosis Workshop (ICAW)** was that many trainees on the **Management of Surgical Emergency Courses**, held in Lusaka and Nairobi, had mentioned in their feedback that they would have liked to have had more exposure to intra-abdominal anastomoses. This argument won the day and the **ICAW** was developed. The Workshop is prefixed **International** to differentiate it from its Cambridge Partner. Six Workshops have been held in the Region in Harare, Blantyre, Addis Ababa, Kampala, Arusha and Kigali.

The **aim** of this TTT Course is to introduce basic concepts of how to run a successful **ICAW** and also to discuss the implementation of the WHO Safe Surgery Saves Lives Checklist. The **objective** is to do this in a systematic manner which is easy to understand and put into practice and will enable the participant to become a competent trainer. Six trainers are required to train for this Workshop in order for it to run sustainably thereafter.

After **registration for the TTT Course at 08.30 on Saturday 14 April** there will be a number of short lectures spread across the day including a general Introduction including Leadership and Teamwork, Background to the History of the Cambridge Anastomosis Workshop, Structure of the Workshop, Assessment Process including Monitoring and Evaluation and the Art of Lecturing. Relevant sections of the DVD will be shown and discussed in the morning and afternoon. There will be a session on Role Modelling and Critiquing and finally a lecture on the WHO Safe Surgery Saves Lives Checklist. The day will end with summary and feedback.

On **Tuesday 10, Wednesday 11 and Thursday 12 April 2018** **ALL Trainers** will be expected to attend the Workshop and participate in the running of the exercises and take part in the assessment process. You will be expected to lead an exercise on either Day 2 or 3. Please study the Manual prior to each day. There will be 12 trainees, divided into two groups of 6 each, with 3 Trainers in each group to train, support and assess them.

This is an exciting new project which we hope is going to be very popular and highly welcomed.

**\*\* If interested please contact our Local Lead, Dr. Joseph Musowoya, [musowoya@gmail.com](mailto:musowoya@gmail.com) as soon as possible as places are limited.**